



## To Parents and Players – 2008/09 Season

Welcome to Redruth mini Junior Section.

Rugby is a great character building sport where many life long friendships are established. To this end the club cater for all standards and actively seek to introduce new players and parents alike to the rugby experience.

Our priorities are:

- ❑ **Enjoyment** – Equal opportunities. Rugby is a game to be enjoyed and great emphasis is placed upon this.
- ❑ **Safety** – Qualified coaches who are CRB, a Child Safe policy & CPO Officer.
- ❑ **Development** – A number of international players have come through Redruth's junior and colts sections and many more have gone on to represent the senior sides. Most recently, Rob Thirlby and Phil Vickery

Last season the U' 9's won the Bath Festival and County Final. The U' 16's were County Champions as well. The U' 15s toured Sussex – we are enjoying unparalleled success, a major achievement for all involved and a clear reflection upon the excellence of the Redruth mini junior section.

Attached you will find information about the 2008-2009 season, including fixtures and how to pay the membership fees.

This season the membership for Redruth Juniors stays at £35 for Mini & Juniors and is broken down as follows:

£7.50 – Goes to the senior section to cover admin costs.

£27.50 - Remains with the junior section to support running costs (kit, equipment, coaching courses, trophies, after match food,etc). Please make cheques payable to **REDRUTH RFC MINI Junior Section**.

**PAYMENT HAS TO BE MADE WITHIN 45 DAYS OF REGISTRATION IN LINE WITH RFU GUIDELINES. IF NO PAYMENT IS MADE NO PLAYER WILL BE ABLE TO PLAY OR TRAIN.**

There will be concessions for subsequent playing members of a family – second child £25 per year.

**If you want real value why not go for the full family membership which at £195 (£175 before 1<sup>st</sup> August) includes entry for 2 adults to all home matches as well as up to 2 children in the mini junior section.**

We believe this fairly reflects the actual running costs of the junior section. So what do you get in return?

- ❑ Match shirt for use during season (, to be returned at the end of the season)
- ❑ No further cost's throughout season i.e. match or training fees (unless individual groups use subs as a fundraiser)
- ❑ Parents are able to use club facilities on junior training and match days.
- ❑ After match food for all home games.

In comparison local football teams, given their signing on, match and training fees, it costs over £100 each for a season, we think that our membership fee represents excellent value.

Registration will take place from 12pm on 7 **September** . The coaches will be available to answer any queries you may have. Please make every effort to attend. The first training session takes place on **September 7** at 10am.

### **How can you help us?**

We actively encourage parents to get involved and this can be in any capacity, some are happy to stand back while others would like more involvement. Basically it is up to you. If you want more involvement let your coach know!

There are areas where you all can help to make a difference:

- ❑ Please read the code of conduct for players, parents and spectators, as this is part of the RFU Seal of Approval. A master copy is kept at the club and can also be found on our website. [www.redruthrfc.co.uk](http://www.redruthrfc.co.uk)
- ❑ Can all parents introduce themselves to their coaches and provide the necessary contact numbers. Mobile contact numbers are particularly useful as the coaches can use texting to let you know about game arrangements and availability (saves time).
- ❑ When travelling to away matches please help by driving.
- ❑ Please drop off / collect your child at the correct times. Training is on Sunday's from 10am to 12am for the mini section, juniors train on various week nights between 5.30pm -7.30pm
- ❑ If you are unavailable for a game please let your coach know.
- ❑ Membership has to be paid prior to playing as this ensures a player is insured. Forms are attached.
- ❑ During the colder months of the season please ensure that the players have suitable clothing (woolly hat, gloves, and extra layers of clothing).
- ❑ We often have social events to raise funds for the junior section, please support us as these funds help pay for club tours, kit and coaches for your child.

Sponsorship of the Junior's continues to grow, for which we are all very grateful, we do however need to keep the level of sponsorship going to maintain the high standards we have set for player appearance and training aids. So if you wish to help in anyway again please make yourself known.

Thanks again for all the support you have given in the past and let's all look forward to another great season for Redruth. **Remember Enjoy the Rugby**

Yours Faithfully

Phil Olds

Chairman of Redruth RFC  
Mini Junior Section

## Mini/Junior Coaches Details

<b>Age Group</b>	<b>Coach</b>	<b>Telephone Number</b>
U7s	Chris Sidwell	01209 219091
U8s	Chris Sidwell	
U9s	Jeff Kitto	01326 240356
U10s	Roger Eddy	01209 717267
	Simon Goodwin	01209 842784
U11s	Simon Green	01326 569632
U12s	Justin Jackson	01209 219767
	Chris Jose	01209 219477
U13s	Carl Thomas	01209 214894
	Martin Gilman-Hill	
U14s	Nigel Eathorne	01209 718154
	Phil Jory	01209 215932
U15s	Richard Sandow	01209 210172
	Simon Barbary	01209 214958
	Mark Burchell	01209 313493
U16s	Phil Olds	01209 314092
	Grant Thirlby	07929737409
U17s	Simon Blake	01209 215401

## Mini/Junior Committee Details

<b>Positon</b>	<b>Elected</b>	<b>Telephone Number</b>
Chairman	Phil Olds	01209 314092
Secretary	Simon Goodwin	01209 842784
Coaching Coordinator	Phil Olds	01209 314092
Treasurer	Jude Jose	01209 219477
Fixtures	Nigel Eathorne	01209 718154
	Jo Austin	01209 842486
Registration	Simon Barbary	01209 214958
Schools Liason	T B C	
CPO	Simon Barbary	01209 214958
Kit	Team coach	
Sponsorship	Andy Howells	01209 212818
Clubhouse	Chris Allen	01209 215520

# REDRUTH RFC – Mini/Junior Membership Form 2008/09

## Player Details

Name		Date of Birth	
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Address:	
Postcode:	
Phone No:	
Mobile No:	
Email:	

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**Cost of Membership:** £35.00 per player. (£25 for 2<sup>nd</sup> sibling)

Total Payment Included

**Payment Method:**      Cash:       Cheque:

Cheques should be made payable to **Redruth RFC Mini Junior Section.**

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***Receipt of Payment for Membership***

*Payment Received from*.....

*For £*.....

*Received on behalf of Redruth Mini/ Juniors By*

*Signed*.....*Name*.....

*Date*.....

# Medical Details/Consent Form

**Player's Name:** .....**Age Group**.....

Does your child have any medical conditions we should be aware of? **YES/NO**.....

If so please can you use the section below to detail any medical conditions or allergies your child may have (or anything else you think we should know about):

**Contacts**

Contacts	Telephone Number	Mobile

**Club trips/ Away Matches/ Tours**

Should the necessity arise I agree to the person in charge giving consent on my behalf for an anaesthetic to be administered or for any other urgent medical treatment (including but not limited to blood transfusions and invasive surgery) to be given.

Signed.....Date.....

## **2.6 THE GOOD PARENT'S CODE:**

Clubs and Schools should encourage Parents to

- (a) Be familiar with the coaching and training programme in order that they can ensure their child is fully involved and the coaches are aware of their availability.
- (b) Be familiar with the teaching and coaching methods used by observing the coaching and training sessions in which their child participates
- (c) Be aware that the Club or School has a duty of care to ensure the safety of players and therefore, where appropriate, assist coaches with the supervision of the players, particularly where numbers are large and there is a need to transport players to away games.
- (d) Be involved with Club and School activities and share their expertise.
- (e) Share concerns, if they have them, with Club or School officials.
- (f) Be familiar with the Good Coaches' Code contained in the Rugby Continuum. In particular be aware that:
  - (1) coaches should recognise the importance of fun and enjoyment when coaching players; and
  - (2) coaches should keep winning and losing in perspective, encouraging players to behave with dignity in all circumstances.
- (g) Support coaches in instilling these virtues.
- (h) Remember that young people play rugby for their own enjoyment not that of their parents.
- (i) Encourage young people to play - do not force them.
- (j) Focus on the players' efforts, rather than winning or losing.
- (k) Be realistic about the players' abilities; do not push them towards a level that they are not capable of achieving.
- (l) Provide positive verbal feedback both in training and during the game.
- (m) Remember that persistent, negative messages will adversely affect the players' and referee's performance and attitude.
- (n) Always support the Club and School in their efforts to eradicate loud, coarse and abusive behaviour from the game.
- (o) Remember young people learn much by example.
- (p) Always show appreciation of good play by all players both from their own Club or School and the opposition.
- (q) Respect decisions made by the match officials, even if they appear to make a mistake, and encourage the players to do likewise .

## **2.7 THE GOOD SPECTATOR'S CODE:**

Clubs and Schools should encourage Spectators to:

- (a) Act as positive role models to all players.
- (b) Be familiar with, and abide by, the RFU Child Protection Guidance in relation to verbal and emotional abuse.
- (c) Respect guidance from the Club or School with regard to spectator behaviour.
- (d) Remember children play sport primarily for their own enjoyment, not for that of the spectators.
- (e) Acknowledge good individual and team performance from all players irrespective of the team in which they play.
- (f) Respect match officials' decisions, even if they appear to make a mistake – remember, they are volunteers providing an opportunity for players to play rugby.
- (g) Never verbally abuse players, coaches, match officials or fellow spectators: such behaviour can create a negative environment for players and their behaviour will often reflect this.
- (h) Acknowledge effort and good performance rather than 'to win at all costs'.
- (i) Verbally encourage all players in a positive manner, shouting 'for', not 'at', the players.
- (j) Encourage all players irrespective of their ability - never ridicule any individual player, regardless of the team in which they play.

## **5.27 THE GOOD COACHES' CODE:**

Coaches of players should:

- (a) Recognise the importance of fun and enjoyment when coaching players.
- (b) Understand that most learning is achieved through doing.
- (c) Appreciate the needs of the players before the needs of the sport.
- (d) Be a positive role model - think what this implies.
- (e) Keep winning and losing in perspective - encourage players to behave with dignity in all circumstances.
- (f) Respect all referees and the decisions they make, even if they appear to make a mistake, (remember it could be you refereeing next week) and ensure that the players recognise that they must do the same.
- (g) Provide positive verbal feedback in a constructive and encouraging manner to all players, both during coaching sessions and matches.
- (h) Provide rugby experience which are matched to the players' ages and abilities, as well as their physical and behavioural development.
- (i) Ensure all players are coached in a safe environment, with adequate first aid readily to hand.
- (j) Avoid the overplaying of the best players by using a squad system which gives everybody a satisfactory amount of playing time.
- (k) Never allow a player to train or play when injured.
- (l) Ensure good supervision of players, both on and off the field.
- (m) Recognise that players should never be exposed to extremes of heat, cold or unacceptable risk of injury.
- (n) Develop an awareness of nutrition as part of an overall education in lifestyle management.
- (o) Recognise that it is illegal for players under 18 to drink alcohol and those under 16 to smoke.,Coaches should actively discourage both.
- (p) Ensure that their knowledge and coaching strategies are up to date and in line with RFU philosophy.
- (q) Be aware of, and abide by, the RFU recommended procedures for taking young people on residential tours at home and abroad.
- (r) Be aware of and abide by the policies and procedures outlined in the Policy and Procedures for the Welfare of Young People in Rugby Union.
- (s) Coach to the rules laid down in the Rugby Continuum and keep themselves updated on rule changes.

## **5.26 THE GOOD MATCH OFFICIAL'S CODE:**

Match Officials should:

- (a) Recognise the importance of fun and enjoyment when officiating players.
- (b) Provide positive verbal feedback in a constructive and encouraging manner during games.
- (c) Emphasise the spirit of the game.
- (d) Appreciate the needs of the players before the needs of the sport.
- (e) Understand the physical and behavioural development of players.
- (f) Be a positive role model. Set an example, and as such, comments should be positive and supportive.
- (g) Look to self-improvement e.g. participation in training courses.
- (h) Recognise that the safety of players is paramount.
- (i) Explain decisions - all players are still learning and parents will understand the game better.
- (j) Always penalise foul play.
- (k) Play advantage whenever possible in order to let the game flow.
- (l) Show empathy for the age and ability of players.
- (m) Be consistent and objective.
- (n) Be familiar with the Good Spectators Code and ensure that verbal abuse from players, coaches or spectators is not tolerated and is dealt with by club officials immediately.
- (o) Be aware of, and abide by, the RFU Child Protection Guidance policies and procedures.
- (p) Officiate to the rules laid down in the Rugby Continuum and keep themselves updated on rule changes.
- (q) Check that the home Club or School has provided a qualified first aider, ambulance access has not been obstructed and that appropriate equipment is available along with someone trained in its use before starting play.
- (r) Before training sessions and matches check that studs and other clothing are in accordance with the IRB Laws of the Game.

## 5.28 THE GOOD PLAYER'S CODE:

Players should be encouraged to

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- (a) Recognise and appreciate the efforts made by coaches, parents, match officials and administrators in providing the opportunity to play the game and enjoy the rugby environment.
- (b) Understand the values of loyalty and commitment to adults and team mates.
- (c) Recognise that every player has a right to expect their involvement in rugby to be safe and free from all types of abuse.
- (d) Understand that if an individual or group of players feel they are not being treated in a manner that is acceptable, then they should tell an adult either at the Club or School or outside of the game.
- (e) Play because they want to do so, not to please coaches or parents.
- (f) Remember that skill development, fun and enjoyment are the most important parts of the game.
- (g) Be attentive at all training and coaching sessions.
- (h) Work equally hard for themselves and their team - both will then benefit.
- (i) Recognise good play by all players on their team and by their opponents.
- (j) Be a sportsman - win with dignity, lose with grace.
- (k) Play to the IRB Laws of the Game and accept, without question, all referees' decisions even if they appear to make a mistake.
- (l) Control their emotions. Verbal or physical abuse of team mates, opponents, coaches, match officials or spectators is not acceptable.
- (m) Treat all players, as they would like to be treated themselves. Do not interfere with, bully or take advantage of any player.

For further information on the interpretation of these rules, regulations and recommendations contact the Community Rugby and Operations Department at the RFU.

**REDRUTH RFC FIXTURES 08/09 MINI/JUNIORS**

DATE	MINI	U13	U14	U15	U16
07-Sep					
14-Sep	1st team training				
21-Sep		LISKEARD H	LISKEARD A	LISKEARD H	LISKEARD A
28-Sep	ST AGNES H *	NEWQUAY H	NEWQUAY A	NEWQUAY H	NEWQUAY A
05-Oct	FALMOUTH H			ST AUSTELL A	
12-Oct	PENZANCE A		WADEBRIDGE H		
19-Oct	TRURO A	TRURO A	TRURO H	TRURO A	TRURO H
26-Oct		PENZANCE A	PENZANCE H	PENZANCE A	PENZANCE H
02-Nov	CAMBORNE H	CAMBORNE H	CAMBORNE A	CAMBORNE H	CAMBORNE A
09-Nov		FALMOUTH H	FALMOUTH H		
16-Nov	ST AUSTELL A	HELSTON H	HELSTON H		HELSTON A
23-Nov	HAYLE A	PENRYN A		PENRYN H	PENRYN A
30-Nov	NEWQUAY H		WADEBRIDGE A	WADEBRIDGE H	WADEBRIDGE A
07-Dec		BODMIN H	BODMIN A	BODMIN H	CUP MATCH
14-Dec	PENRYN A		BUDE H	CUP MATCH	CUP MATCH
21-Dec	WADEBRIDGE A		ST AUSTELL A		CUP MATCH
28-Dec					
04-Jan		WADEBRIDGE H	CUP MATCH		CUP MATCH
11-Jan	ST IVES H	ST IVES A	ST IVES H	ST IVES A	ST IVES H
18-Jan	PENZANCE H	CUP	HELSTON A	CUP MATCH	CUP MATCH
25-Jan	1st team training	PENZANCE H	PENZANCE A	PENZANCE H	CUP MATCH
01-Feb		FALMOUTH A	FALMOUTH A		
08-Feb	NEWQUAY A	NEWQUAY A	CUP MATCH	NEWQUAY A	CUP MATCH
15-Feb		LISKEARD A	LISKEARD H	CUP MATCH	LISKEARD A
22-Feb	CAMBORNE A	CUP	CAMBORNE H	CAMBORNE A	CUP MATCH
01-Mar					
08-Mar	TRURO H	TRURO H	CUP MATCH	TRURO H	TRURO A
15-Mar	HAYLE H	PENRYN H		PENRYN H	PENRYN A
22-Mar	U12S FESTIVAL	CUP	BODMIN H	CUP FINAL	BODMIN H
29-Mar	lisk h/u11s fest		CUP FINAL	BUDE H	ST AUSTELL A
05-Apr	HELSTON A				BUDE A
12-Apr	1st team training				
19-Apr	st ives/u10s fest	CUP FINAL	ST IVES A	ST IVES H	WADEBRIDGE H
26-Apr	u9s FESTIVAL	7'S FESTIVAL	7'S FESTIVAL	10'S FESTIVAL	7'S FESTIVAL
03-May					

**A = AWAY**

**H= HOME**

**\*=TRAINING SESSION WITH ST AGNES**